

(TL News & Views continued from p. 1)

Remembering Bennett Woll



We have lost Bennett's caring and generous presence. He died on April 16, 2011.

Bennett was among the earliest owners at Telegraph Landing, joining the community in 1977. He served as a member of our Board of Directors and as President of the Board. He advised our community with a special concern for fiscal responsibility. He had extensive knowledge of real estate development, construction and maintenance, and offered his expertise for the ongoing well-being of our homes and common areas. He created his "Mr. Fixit" column for the TeleGraph and described how to repair a variety of household components. A few of these articles are available on the TL website. He was also happy to respond to many neighbors who asked his advice, which was thoughtful and informed as he sought win/win solutions.

Bennett affected many people's lives for the better and he is deeply missed.

- Robin Winburn, Bldg. 1

Full Service Gas Stations in San Francisco as of April, 2011



1401 19th Avenue at Judah, 76
Service and Repair, 415-681-3860

3898 California Street at Arguello, T & R 76, 415-752-0646

1490 Ocean Avenue at Miramar, Ocean Avenue
Service, 415-586-0265

-Only certain pumps and must honk your horn to have gas pumped for you

301 Claremont Boulevard, Claremont Service,
415-664-5401

-Only between 9:30-1:00PM, non rush hours

443 Divisadero at Fell Street, 415-552-6555

-Will pump gas for you if you have a disability card

- Cynthia Harris, Bldg. 2

Staff Notes:

Richard's Report:



In the last Telegraph issue I discussed three elements of "Earthquake Preparedness". I talked about 1) *Identifying potential hazards in your home* 2) *Creating a disaster plan* 3) *Preparing a disaster kit*. In this Telegraph I will discuss 1) *Protecting yourself during earthquake shaking* 2) *Checking for injuries and damage after a Quake* 3) *When safe - continue to follow your disaster - preparedness plan*.

1. Protecting yourself during an earthquake shaking:

If you're indoors:

DROP, COVER, and HOLD ON – When you feel a strong shaking, drop to the floor, take cover under a sturdy desk or table, and hold on to it firmly until the shaking stops.

- DO NOT stand in doorways and do not rush outside. In the early days of California many homes were made of adobe brick with wooden door frames. After powerful earthquake doorframes were sometimes the only parts of a home still standing? From this came the myth that a doorway was the safest place to be during an earthquake. Today doorways may not be any stronger than any other part of a home.
- Move away from the exterior walls and windows, masonry veneers (such as fireplaces), tall furniture and hanging pictures or mirrors.
- If you can't find cover beneath a desk or table, drop to the floor against an interior wall and protect your head and neck with your arms.
- If you're cooking in the kitchen, turn off the stove before you take cover.
- If you're in bed, hold on and stay put, protecting your head with a pillow.
- If you're in a high rise building, avoid windows, do not use elevators
- After the shaking stops, turn on your radio for information about the earthquake.

If you're driving:

- Do not stop on or under an overpass, bridge or in a tunnel.
- Do not stop under or near electrical power lines, light posts, trees, or signs.
- Safely pull to the side of the road and set the brake.
- Stay in your car until the earthquake shaking has stopped.

If you're outdoors:

- Move away from building and power lines. Be alert for falling debris.
- If you are at the coast, move to higher ground immediately to avoid a possible tsunami.

2. After the Quake, check for injuries and damage:

Check for injuries

- Check yourself or serious injuries before helping others. Protect your mouth, nose and eyes from dust.
- If a person is bleeding, put direct pressure on the wound. Use clean gauze or cloth, if available.
- If a person has no pulse, begin CPR (cardio-pulmonary resuscitation).
- Do not move seriously injured persons unless they are in immediate danger of harm.
- Cover injured persons with blankets or additional clothing to keep them warm.

Check your home for hazardous conditions:

- Fire – If possible, put out small fires in your home. Call for help but don't wait for the fire department.
- Gas leaks – cut off gas if you smell or hear any gas leaking.
- Damaged electrical wiring. Shut off power at the main breaker switch if there is any damage to your units wiring. Leave the power off until the damage is repaired.
- Downed utility lines. If you see downed power lines, consider them energized and keep yourself and others well away from them.

- Falling items. Beware of items tumbling off shelves when you open closets and cupboards.
- Stay away from brick chimneys and walls. They may be weakened and could topple during aftershocks. Don't use a fireplace in a damaged unit as it could start a fire.

If your unit is seriously damaged:

- If your unit is structurally unsafe or threatened by fire you will need to evacuate. Do not leave your unit just because utilities are out of service or your home and its contents have suffered moderate damage, as it can still provide shelter for you and your family.
- If you do evacuate be sure to inform a neighbor and your family point of contact where you are going.

3. When safe continue to work your Disaster-Preparedness Plan:

In the days after an earthquake:

Stay Safe:

- Make sure your unit is safe to occupy and not in danger of collapse in aftershocks.
- Do not operate any electrical device that could create a spark.
- Check for any spills, faulty electrical wiring and broken water lines. Water in contact with the electrical could start a fire.
- Unplug any broken lamps, light fixtures, appliances; these could start fires once electrical service is restored.
- Never use the following indoors – camp stoves, kerosene or gas lanterns or heaters gas or charcoal grills, or gas generators as these can release carbon monoxide gas or fire hazard during aftershocks.

Stay Informed:

- Turn on your portable or car radio and listen for safety advisories
- Call your out of town contacts and advise them of your status.

Take Action to Recover:

- If you were able to remain in your home or returned to it after a few days take steps to return to a normal routine.
- Check your food and water supplies. If power is off, plan meals so as to use up refrigerated and frozen foods first. If you leave the fridge door close the food may be safe for a couple of days.
- If the water is off you can drink the water from water heaters, melted ice cubes or canned vegetables.
- If the electrical is turned back on, check your appliances or electronic equipment for damage.
- Contact your insurance agent or company right away to begin the claims process.
- If you cannot live in your home, set up an alternative address with the post office.

The information I have provided to you regarding "Earthquake Preparedness" was not meant to scare anyone, but rather to inform and get folks thinking about what they should consider in the event of an earthquake. I do hope you have found the info-

mation presented to be helpful.

- Richard

Mark's Remarks

I would like to take this opportunity to express my sincere gratitude to all the residents who have welcomed me to Telegraph Landing over the last few weeks. I'm delighted to be a part of the management team here at Telegraph Landing. I hope to utilize my property management skills and experience to meet and exceed the goals and objectives of the Telegraph Landing community.



A couple of important items to remember:

- **Information Form** -The management team recently distributed an "Information Form" to each unit within the complex. It is very important the we have the most current information on each resident. We will validate our data with that you provided and make alterations as required. Even if you have no changes its important you complete and return the completed forms. Your cooperation in completing the form and returning it to either the front lobby desk or the management office as soon as possible will be most appreciated.
- **Elevators** – When individuals hold the elevator doors open by actually placing their hand on the door it can cause the elevator door trigger a complete elevator shut down. Such a shut down requires an elevator reset. Such a reset can only be accomplished by the elevator service company. Resets of this nature are expensive as a service fee is charged for the reset. If you find yourself in a situation where you need to hold the elevator doors open for one reason or another simply **use the button on the internal operation panel**. Using this panel will not trigger a shut down. Using the internal button to hold open an elevator will help us hold the line on elevator expenses.

- Mark B.

On the Move:

IN:

5/10 Olivia Ware to 2-405
5/04 Fred & Elaine Park to 1-807

OUT:

4/14 Roger Scullion from 1-807
5/20 Sachin Kanodia from 2-406

Board Meetings

All homeowners are invited to attend the monthly Telegraph Landing Board of Directors Meetings, held in the Club Room from 7:00 p.m. to 9:00 p.m. usually on the **4th Tuesday of each month.** Homeowner input is taken at both the beginning and end of each meeting on items not listed on the agenda. On agenda items, homeowners may comment etc. during the meeting at the time each item is being discussed/considered.

To put an item on the agenda, address a note to the Board and management. Leave your note at the Front Desk to be distributed at least by the Wednesday before the Board Meeting.

Next Bd. Mtg.: Tues., June 28

Telegraph Landing Board Members

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 Karen Hartquist, Vice President
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 Vacant, Secretary

Pat Johnson Treasurer
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TL Team Members

Facilities:

Terri Quile, Facilities Director
 Bill "Raz" Razvaliaeff, Facilities Mtce. Engineer



Janitorial Service:

Marvin Menendez, Supv.
 Milton Celin
 José Cuellas
 Raul Reyes (wkends)



Security: (415 788-1319)

Victor Zacca Dave Fulcher
 Valentin Misoston [Sanel Kuduzovic](mailto:Sanel.Kuduzovic)
 Ed Burgin Abdel Assal



Landscape Services: Gardeners' Guild



End Note:

Fourth in a series of recipes from the great chefs of Telegraph Landing.

Turkey Meatballs

1 C stale bread
 1/4 c milk
 2 1/2 lbs. ground chuck or ground turkey
 1Tbsp sage + thyme leaves
 1 Tbsp tomato paste
 2 Tbsp Mustard



Moisten bread with milk. Combine with remaining ingredients. Shape into meat balls.

Sauce:

2 12 oz. jars of chili sauce
 1 32 oz jar of grape jelly

- Jo Ann Rose, Bldg. 1

Do you have a favorite recipe? Please leave a copy at the front desk or email to me, bev_sutton@yahoo.com . If I get enough, I'll make a booklet.

- Bev