

Pan'elope's Pointers

Dear Pan'elope':

I have made the decision to change out the **incandescent bulbs** in my unit to CFLs wherever possible. My question is how to dispose of the incandescents?

- *Up to my ankles in light bulbs*

Dear Up To:

Dispose of the old bulbs in the trash. Dispose of any used CFLs in the small uncovered blue trash container on the wall beside the driveway. Please: **CFLS ONLY IN THE BLUE TRASH CONTAINER.**

- *Pan'elope*

Dear Genial Residents and Readers:

Are you **washing clothes** in **cold water**? I hope so, as the practice conserves electricity and gas power otherwise required to heat water in the boilers. P has always washed her fine pleated linen and woolen chitons and pepli in cold water.

More about water: the **water nymphs** are just giddy about the new composting practice. Every time you compost an unwanted morsel, you save the water you previously used to rinse it down the disposal. - P

Dear Pan'elope:

I want to help conserve energy, but my body isn't always up to walking the stairs, especially if I have packages. I do feel guilty not walking since I don't look frail. Any suggestions?

- *Not on the first floor*

Dear Not:

My dear, walking the stairs is a mere suggestion; just do what you are able, when you are able. Even P has been seen using the elevator although she could lose a few wisps of ectoplasm from her ethereal self.

The Energy and Sustainability Committee understand that not all residents, especially those on upper floors can manage stairs. However, for those of you able-bodied folks, please consider walking more. - P



The Castles of Telegraph Landing

If you hold with that old saying, "my home is my castle," you might be surprised to learn that PG&E is in total agreement with you. In their eyes, each of our four buildings is like one huge, power-sucking castle of a house. Why? Because we have one electric meter for each building.

Bad news: PG&E penalizes high volume energy use. That is, they charge more per kilowatt hour once you exceed your base minimum low rate use. As castle-dwellers, by definition, we are high volume users so we are charged top dollar for more than 90% of the energy we use.

Good news: Each and every one of us can help hold the line on energy costs by **TURNING OFF** lights and appliances and **UNPLUGGING** transformer-powered electronics when not in use, and **REPLACING** incandescent bulbs with CFLs.

Please help lower the cost for living in our castles. Thank you.

- *TL Energy & Sustainability Committee*

Landscape Committee News

What happened to the shrubs in the garage driveway planter?? Unfortunately they became diseased with fire blight. To date, it has not been determined why this happened. Soil testing is being done but the results have not yet been received. Hopefully, the holly will soon be replaced (at no charge) by a holly-like shrub called osmanthus.

I'm sure that you've all noticed that the magnolia tree in front of Bldg. 4 has been replaced by an olive tree and the soil level raised. The magnolia was being treated for mildew which had infected it but a majority of the committee felt that even when it returned to health that, being deciduous, it would not look as good during the winter months as something with leaves. The olive tree is fruitless so there will be no blossoms or messy fruit to contend with.

The committee is working with our new Gardeners' Guild Account Executive the plan for the next plant rotation. We are very aware that some of those planted last spring became to 'leggy' because they did not get enough sunlight. Also, plants of a similar texture were grouped in pots so that the overall affect was muddled. We are all striving to have other than the same old thing but are restricted in our choices by the limited sunlight in many areas.

- *Bev Sutton on behalf of the Landscape Committee, Marilyn Benioff, Joann Finberg, Pat Johnson, Richard Knight, Hannah Nunn*



Share Your Energy Saving Tips

What are some of the things you do to save energy? The Telegraph Landing Energy & Sustainability Committee would like to know. Help your neighbors by sharing them with us. Just send them to Marilyn Nichols at mynic-sf@sbcglobal.net or leave a note at the front desk. Please include your name and apartment number.

Save \$\$ - Save the Planet

Plastic Storm Windows??

While visiting our daughter in NYC I was once again reminded of the plastic "storm windows" that can be applied from the inside of the house. If anyone has a particularly drafty window, you might consider this. It is easy and inexpensive, and works very well. Double sided tape is applied to the metal frame around the window. You simply press the plastic in place, and work it as smoothly as you can around the edges. Then a quick blast from a hair dryer, shrinks the film to a tight, clean instant storm window. I have done it on two windows and the house was immediately warmer. It's about a ten minute job. Not only does it insulate the window with a layer of dead air, it totally seals the window from drafts. I think the package for a window was about \$9 at Orchard Supply Hardware.

- *Richard Knight, Bldg. 2*



Sad News

John Bain, 22 year resident of Telegraph Landing, passed away on January 20. He retired from the San Francisco Police Department in 2003 after 28 years service. He is survived by his wife, Rochelle(Shelly), Bldg. 2, 203.

Letters to the Editor



Hello Everyone,
I'm writing to inform you that February 17th will be my last day at Telegraph Landing. By the end of the month I'll be heading back to Columbia, SC (my home for 27 years). I've enjoyed meeting all of you and I wanted to express what it meant to be a part of this place. Thank you for everything. The pleasure was mine. Any thoughts, pictures, etc. can be forwarded to andreehoover@gmail.com. Thanks for the memories and here's to the next thing.
- Andree

Staff Notes:

Martha's Memo:

(aka Martha Crawford, Property Mgr.)
A new year finds many of us rearranging household décor, remodeling, or making room for the new by tossing out the old. Salvation Army offers a complimentary donation pick up service (800) 728-7825. As the City of San Francisco will not allow us to dispose of certain appliances and electronics like television sets and computer monitors in our Telegraph Landing garbage containers (CC&R section C 3.02043) residents and tenants are responsible for disposing of appliances, furniture, mattresses and items too large for their hallway trash room receptacles off-site (3.0204), including contractor debris and paint (9.0302). Cole Hardware accepts used paint for recycling at (415) 674-8913.

This year begins with a priority on Association window refurbishment and courtyard waterproofing. Homeowners will be receiving a letter from McGinnis Chen Associates evaluating the window survey and presenting a multiple year plan for window refurbishment. Concrete Science will perform waterproofing and drainage remediation beginning with the resurfacing of the cracked Lombard Courtyard, waterproofing the Lombard, Montgomery and NE corner planters and re-grouting certain cracked and lifted sections of the Main Courtyard.

Security is an ongoing focus which not surprisingly depends on enforcement by guards and residents alike, especially with signing for packages and providing names of guests. As an additional layer of security, everyone needs to be consistent and return to signing for your own packages and naming your guests. Guards are not allowed to sign for you even with your authorization and asking them to do so places them in an awkward position or results in claims of lost packages. It is also not secure to give entry to a guest group without checking all their names, and so we will all need to take the time and precaution to be safe.



Kim's Korner: *(aka Kim Wiley, Assist. Property Mgr.)*

- I wanted to pass on information on some bags that I find work great in the small composting bins. They're called BioBags (for compost waste); 3 gallon size, 25-count. These bags can be purchased at Safeway at \$5.49 per box, and can also be purchased at many retail outlets. Happy Composting!

- Reminders about garage safety:
 - Do not exceed the speed limit of 5 miles per hour in the garage or on the driveway.
 - Vehicles exiting the garage have the right of way. Vehicles entering the garage should proceed with caution and allow exiting cars to exit.

Security Pass-downs:

Lost anything at TL recently? Just a reminder that there is a lost and found service at the front desk.



- Linda Atafi, Assist. Security Supervisor

Small Things - Big Savings

Use a power strip for all your transformer-powered electronics. One click off and you stop needless power usage. Thank you.

- TL Energy & Sustainability Committee

Have you met...? *43rd in a series about people who live or work at Telegraph Landing.*



John Luk, our new Facilities Maintenance Engineer, was born in China and received his education in Hong Kong. He graduated from Grantham College of Education in 1976 with a major in English. He came to San Francisco because he believed that his children would receive a better education in the United States. He also liked the weather in San Francisco.

John taught in Hong Kong and during the summer holidays, he worked with his elder brother, an air-conditioning contractor. Prior to joining CitiScape he was a property manager and an administrative assistant with another American company where he supervised janitors and resident managers, interacted with contractors and inspectors from various government departments, such as the Health, Building, and Fire, handled leases, as did maintenance.

When not working he enjoys reading, watching TV, having meals with his family in restaurants and shopping.

(Note: for a picture of John and other staff members see the left sidebar of our web site www.tl-onlinesf.net BJS)



Small Things - Big Savings

Walking down the stairs instead of using the elevator does two things: helps reduce TL electric bills and helps reduce your waistline. Please. Walk down as much as possible.

Thank you and a *votre sante*!

- TL Energy & Sustainability Committee

On the Move:

IN:

12/15/09 Connie Paschke to 2/209

12/30/09 Rishi Misra to 2/207

OUT:

1/11/10 Liane West/ Vincenzo Pellico from 4/19

Board Meetings

All homeowners are invited to attend the monthly Telegraph Landing Board of Directors Meetings, held in the Club Room from 7:00 p.m. to 9:00 p.m. usually on the **4th Tuesday of each month**. Homeowner input is taken at both the beginning and end of each meeting on items not listed on the agenda. On agenda items, homeowners may comment etc. during the meeting at the time each item is being discussed/considered.

To put an item on the agenda, address a note to the Board and management. Leave your note at the Front Desk to be distributed at least by the Wednesday before the Board Meeting.

Next Bd. Mtg.: Tues., 2/23, 7:00 PM

Telegraph Landing Board Members

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 Karen Hartquist, Vice President
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 Jasper Schad, Secretary
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 Property Accountant, Jose Cruz
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T L Staff

Terri Quile, Facilities Director
 John Luk, Facilities Mtce. Engineer



Janitorial Service:

Marvin Menendez, Supv.
 Juan Recinos
 José Cuellas
Raul Reyes (wkends)



Security: (415 788-1319)

Victor Zacca Linda Atafi
 Andree Hoover Dave Fulcher
 Valentin Misoston



Landscape Services:

Gardeners' Guild



End Note:

Mardi Gras (Shrove Tuesday or Fat Tuesday) (Tues., Feb. 16, 2010)

Shrove Tuesday falls the day before Ash Wednesday and marks the end of the carnival season, which once began on Epiphany but is now usually celebrated the last three days before Lent. In France, the day is known as



Mardi Gras (Fat Tuesday), and celebrations are held in several American cities, particularly New Orleans. The day is sometimes called Pancake Tuesday by the English because fats, which were prohibited during Lent, had to be used up.

From <http://www.infoplease.com/spot/holidays.html>